

Danger

Response

Send for help

Airway

Breathing

Compressions

Defibrillation

Additional Compression/Breathing Information

ADULT (9 YEAR OR OLDER)

CHILD (1 to 8 years)

INFANT (Less than 1 year)

USE 2 HANDS

USE 1 or 2 HANDS

Use 2 Fingers

Compress in the middle of the chest 1/3 the depth of the chest

Give chest compressions at a rate of 100 per minute and then give 2 breaths

Repeat 30 compressions and 2 breaths sequence

Continue CPR until responsiveness or normal breathing return

For more information contact 1300 651 706